

HEALTH SERVICES
South Portland School Department

It is recommended that each child who is to enter Kindergarten, grade 5 and grade 9, have a physical examination by his/her physician. It is also recommended that each child have a dental exam at least once a year.

If for any reason it is impossible to arrange for private medical or dental care, please contact the school nurse for assistance in making arrangements.

PHYSICAL EXAMINATION FORM

(To be completed by physician)

Student's Name _____	D.O.B. _____
Weight (pounds) _____	Hemoglobin _____ Hygiene _____
Height (inches) _____	Skin _____ Nutrition _____
Blood Pressure _____	Scalp _____ Orthopedic _____
Eyes _____	Heart _____ ROM _____
Ears _____	Lungs _____ Posture (Scoliosis) _____
Nose _____	Abdomen _____ Feet _____
Throat _____	Hernia _____ Nervous System _____
Glands _____	Genitalia _____ Reflexes _____
Urine: Albumin _____	Sugar _____

Immunizations received at this visit: _____

Remarks and recommendations (please describe any positive findings): _____

- Recommendation: () Competitive sports
 () Full Physical Education Program
 () Limited Physical Education Program
 () None
 () School-based health-care planning. See school nurse.

Health Care Provider's Name _____

Health Care Provider's Signature _____ Date _____